

**The Bulletproof Diet: Lose Up To A Pound A Day,  
Reclaim Energy And Focus, Upgrade Your Life**

**By Dave Asprey**

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**Dave Asprey (Author of The Bulletproof Diet) - -**

Jul 24, 2015 The Bulletproof Diet: Lose up to a Pound a Day, Reclaim Reclaim  
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Dave Asprey is an American entrepreneur, businessman, Bulletproof Diet . The Bulletproof Diet: Lose up to a Pound a Day, Reclaim Energy and Focus,

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